

Annie Koempel RDN, LD

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Education

Dietetic Internship

January – August 2016

University of Kentucky, Dietetics and Human Nutrition

Bachelor of Science in Dietetics

December, 2015

University of Kentucky, Lexington, Kentucky

Graduate Studies, Biological Anthropology (focus on Nutrition)

August 2011-May 2013

Bachelor of Arts in Anthropology & History, Minor in Latin

May, 2011

West Chester University, West Chester, Pennsylvania

Work Experience

Program Manager

August 2016 – Present

Department of Dietetics and Human Nutrition

University of Kentucky

- Manage ordering, purchases, and budgets
- Conduct literature reviews to help inform key decisions
- Create goals, objectives, and study designs for food security projects
- Organize 5 personnel, 2 undergraduates, 1 graduate student, and various volunteers
- Design and write 3 lesson plans for healthy Senior Citizens project
- Research grant opportunities and write grant applications

Nutrition Instructor

November 2016 - Present

Lexington Healing Arts Academy

- Create and teach 15, 4-hour lesson plans (e.g. macronutrient metabolism, supplements, etc)

Personal Tutor

September 2016 - Present

- Work one-on-one with student in variety of topics (e.g. biochemistry, RD-exam prep, etc)
- Design and implement individualized lesson plans

Research Assistant

September 2013 – June 2015

Department of Dietetics and Human Nutrition

University of Kentucky

- Conducted a systematic literature review concerning obesity prevention among minority populations as part of the Robert Wood Johnson New Connections grant program
- Reviewed 2000+ peer-reviewed articles and selected 50 for analysis
- Organized selected articles into 6 topical areas, and wrote 6 sub-reviews
- Co-developed Campbell Collaboration 2014 Colloquium poster and presentation
- Assisted in health and nutrition extension work (nutrition information briefs; healthy recipes)

Teaching Assistant

Department of Anthropology

Fall 2011-Spring 2013

University of Kentucky

- Conducted research in the field of biological (nutritional) anthropology
- Courses included Introduction to Cultural Anthropology and Introduction to Biological Anthropology
- Planned and delivered 3 60-minute long lectures, weekly for classes of 90 students

- Evaluated written assignments and exams, monthly
- Answered student questions and advised them on academic plans and potential career paths

Research Assistant

Fall 2011-Summer 2013

Behavioral Sciences, University of Kentucky

Project: Faith Moves Mountains Cancer Screening and Smoking Cessation Program

- Managed data utilizing key software programs Teleform, Redcap, and Microsoft Excel
- Conducted background literature review and proofread final draft of national grant application

Intern

January-April 2011

Chester County Food Bank, West Chester, Pennsylvania

- Performed basic office work (examples: catalogued donations in Excel; answered phones)
- Collaborated with program director to inventory resources and assess the effectiveness and sustainability of the Backpack Program
- Conducted economic and social analysis of similar Backpack Programs
- Planned menus and recipes for the Backpack Program
- Explored ways to generate more healthy food donations
- Adapted New York State financial literacy education program to local context
- Worked in the kitchen to process and prepare foods for clients and donors, weekly

Research Assistant

Summer 2013

Family Medicine

University of Kentucky, Lexington Kentucky

Intern/Docent

Summer 2009; Summer 2010-August 2011

Moravian Historical Society

Nazareth, Pennsylvania

Leadership/Professional Membership

Contemporary Issues, Vice President	2009-2011
Project Green, Co-Founder	2010-2011
Graduate Appalachian Research Community, Treasurer	2011-2012
Anthropology Graduate Student Association, Member & Secretary	2012-2013
Community Farm Alliance	2013-Present
Academy of Nutrition and Dietetics	2014-Present
Bluegrass Academy of Nutrition and Dietetics, P.R./Marketing Chair	2014-Present

Writing Experience

Campbell Collaboration Colloquium Poster Presentation (research assistant)	2014
Campbell Collaboration Methods Group Newsletter Article Review Author	2014
Critical Dietetics Conference Paper Presentation (primary investigator)	2014

Certifications

Registered Dietitian Nutritionist
 Licensed Dietitian Nutritionist
 Certified Intuitive Eating Counselor
 ServSafe Certification
 ManageFirst Certification